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# BBC LEARNING ENGLISH

## Authentic Real English 地道英语

### Level up 升级，改善

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- 关于台词的备注:  
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#### Jiaying

欢迎收听 BBC 英语教学的“地道英语”节目，我是佳莹。

#### Rob

... and hello, I'm Rob. Now, in English we have a phrasal verb that describes improving something, so it becomes the same level or standard as something else – it's 'level up'.

#### Jiaying

Level up. 这里，动词“level”的意思是“使某物与同类事物处于同等水平”，介词“up”则用来说明“提升到这一水平”。因此，我们用“level up”来表示“给某物升级，改进或改善某样东西，从而使这个事物与其它同类事物处于同等水平”。

#### Rob

When we 'level up', it's often for things that are important and serious. For example, the standard of education at one school may be improved so that students receive the same quality of teaching that they do at another school. They level up. This process is called 'levelling up'.

#### Jiaying

但我们还可以用“level up”来描述“改善日常生活中的事情”。

#### Rob

That's true. I want to level up the clothes in my wardrobe, so I look cool and fashionable like everybody else!

#### Jiaying

Good idea, Rob. You look so last year! Anyway, let's hear some more uses of 'level up'.

## **Examples**

The company has levelled up wages for its staff to match those of a rival business.

Our team needs to level up if we stand any chance of beating our opponents at the weekend.

We're levelling up our training scheme so that everyone gets the chance to use it.

## **Jiaying**

你正在收听的是 BBC 英语教学的“地道英语”节目。以上我们介绍了动词短语“level up”的含义和用法。它用来描述“改善或改进某事，使其与其他的同类事物处于同等水平”。

## **Rob**

And remember, we can talk both about levelling up something important, like the economy, or something more personal such as your foreign language ability. Jiaying, if you level up your Spanish, you could come to the conversation club with me!

## **Jiaying**

Not yet. I've got some levelling up to do! Time to study first. Hola... me... llamo... Jiaying.

## **Rob**

This could take a while. Adios! Bye-bye.

## **Jiaying**

Goodbye.